



## MAKING A NEW YEAR'S RESOLUTION? WE CAN HELP!

The first day of the new year can be an inspiring time—a chance for renewal and to see the coming year as a blank slate. It's no wonder that New Year's Resolutions have become such a common tradition. What better time to decide to eat better, start an exercise routine, or try a new hobby?

Unfortunately, it is equally common for people to give up on their resolutions rather early in the year. Some people may not even make it to February. Don't feel bad if you have done this—we all have. Often this is because we take on these resolutions on our own, without any helpful tools or support.

That's where SmartSenior is ready to help. Whatever your goal may be, we can get there together.

Want to start getting more fit? Our exercise classes are a great way to begin—and stay with—a routine. Join the chair aerobics class and you will feel the benefits within a few sessions. Plus, the friends you'll make in class will encourage you to come back each week, and you can do the same for them. Or try a line dance class—you'll be having too much fun to notice all the exercise you're getting!

Speaking of fun, being more adventurous or social can be a resolution too, and fun activities are what SmartSenior does best. Try the Discover Local program and join your friends for guided tours of some of our area's most interesting places. Or come to our Lunch & Learns, where you can hear from the experts on a variety of health and wellness topics. It's a perfect way to expand your mind while filling your belly!

These are just a few ideas to get you started—we have a lot of great activities planned for 2023. Remember, sticking to a resolution is much easier when you're having fun with your friends at the same time. So if nothing else, resolve to get the most out of your SmartSenior membership in 2023. We are looking forward to a very healthy and fun year!

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#### SMARTSENIOR OFFICE HOURS

Mon - Fri 8:30 am – 5:00 pm  
(Closed for lunch: 12PM - 1PM)  
836 E. 65th St., Ste 8 • Savannah, GA 31405  
(912) 352-4405

#### OFFICE CLOSED

Monday, January 16 in observation of  
Dr. Martin Luther King, Jr. Day

# 55 or Better? Join Today!

If you or someone you know is interested in becoming a SmartSenior Member, fill out this form, clip out and mail to, SmartSenior at 836 East 65th St. - Suite 8, Savannah, GA 31405. Or call our office at (912) 352-4405 to join by phone with a credit card.

Mr. \_\_\_\_\_ Birthdate \_\_\_\_\_

Mrs./Miss/Ms. \_\_\_\_\_ Birthdate \_\_\_\_\_

Mailing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Email \_\_\_\_\_

MEMBERSHIP DUES:     \$18 for one person     \$36 for two people

DELIVERY OPTION:     Email     Mail

PAYMENT METHOD:     Check (payable to SmartSenior)

Credit Card Account Number \_\_\_\_\_

Expiration Date \_\_\_\_\_ Cardholder Name \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

## REGULARLY SCHEDULED ACTIVITIES

### Free Exercise Class

Location: SmartSenior Office  
Mondays, 9:15 AM – 10 AM



### Free Line Dancing

Location: St. Michael and All Angels Episcopal Church, Washington & Waters Ave.

Advanced: Tuesdays & Thursdays 10 AM  
Beginner: Tuesdays & Thursdays 11 AM

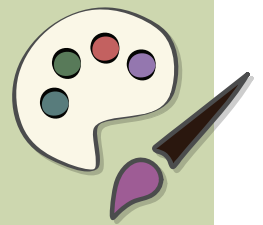
### Painting Class

Location: SmartSenior Office

Wednesdays & Fridays  
10 AM-11:45 AM

Artist/instructor, Shawn Bland, provides instruction in acrylics and various subject matters. 5 classes for \$100

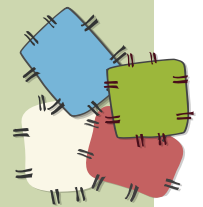
Call (912) 352-4405 to register.



### Free Quilters

Location: SmartSenior Office

Wednesdays,  
3:15 PM – 4:45 PM



### Chair Yoga

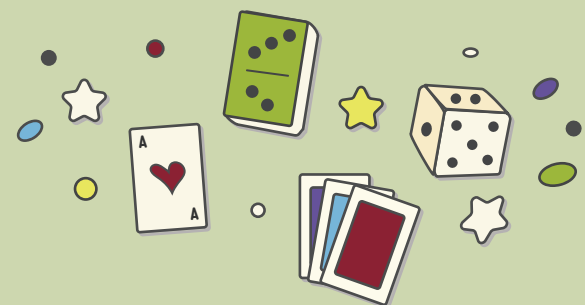
Location: SmartSenior Office

Wednesdays, 2 PM - 3 PM  
Call (912) 352-4405 to register.

### Free Game Days

Location: SmartSenior Office

Have fun playing a variety of games including card games, board games, and Domino's every Monday at 2 PM. Call (912)-352-4405 to register.



**Call 352-4405 to register for the programs listed.**

**Friendly Reminder: you must be a current member to attend.**

**Senior Living with a Fresh Perspective**

The Social at Savannah is welcoming new residents today!

From resident-designed wellness programs, to our beautiful outdoor spaces and bistro & bar, The Social at Savannah is senior living at its finest. Enjoy Savannah life the way it should be. Whether you are looking for Independent Living, Assisted Living, or Memory Care, we strive to build long-lasting relationships with each resident so that you get the experience you deserve.

**Call today to schedule your visit: 912.927.0500**

**Thrive, because you deserve it.**

**The Social at Savannah**  
One Peachtree Drive | Savannah, GA 31419  
912.927.0500 | Hello@TheSocialAtSavannah.com  
TheSocialSL.com/Savannah

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 Exercise Class 9:15AM Game Day 2PM	3 Advance Line Dance 10AM Beginner Line Dance 11AM	4 Painting Class 10 AM Chair Yoga 2PM Free Quilters 3:15PM	5 Advance Line Dance 10AM Beginner Line Dance 11AM	6	7
8	9 Exercise Class 9:15AM Game Day 2PM	10 Advance Line Dance 10AM Beginner Line Dance 11AM	11 Painting Class 10 AM Chair Yoga 2PM Free Quilters 3:15PM	12 Advance Line Dance 10AM Beginner Line Dance 11AM	13 Movie Day 2PM	14
15	16 MLK JR DAY Office Closed	17 Advance Line Dance 10AM Beginner Line Dance 11AM	18 Painting Class 10 AM Chair Yoga 2PM Free Quilters 3:15PM	19 Advance Line Dance 10AM Beginner Line Dance 11AM	20	21
22	23 Exercise Class 9:15AM Game Day 2PM	24 Advance Line Dance 10AM Beginner Line Dance 11AM	25 Painting Class 10 AM Lunch & Learn 11:30AM Chair Yoga 2PM Free Quilters 3:15PM	26 Advance Line Dance 10AM Beginner Line Dance 11AM	27 Movie Day 2PM	28
29	30 Exercise Class 9:15AM Game Day 2PM	31 Advance Line Dance 10AM Beginner Line Dance 11AM				

Call 352-4405 to register for the programs listed below.  
 Friendly Reminder: you must be a current member to attend.



## JANUARY EVENTS

### SEMINARS

#### Lunch & Learn

**Setting Obtainable Fitness Goals for 2023**  
 Jason Boyd, Health Educator, SJ/C Wellness Center  
 Wednesday, January 25th, 11:30 AM  
 Marsh Auditorium, Candler Hospital  
 Call (912) 352-4405 to register

Fitness goals are an essential part of your wellness journey. By setting goals, you are better able to hold yourself accountable, show yourself what you are capable of, and it can also help you push through the more difficult moments to make a longer-lasting change. Jason Boyd, Health Educator at SJ/C's Wellness Center will discuss how you can set achievable fitness goals in 2023.



### MOVIE DAY

#### Movie Day

**Top Gun: Maverick**  
 Starring Tom Cruise, Miles Teller and Val Kilmer  
 Friday, January 13, 2:00 PM  
 or Friday, January 27, 2:00 PM  
 Location: SmartSenior Office  
 836 E 65th St, Suite 8, Savannah GA  
 Call (912) 352-4405 to register (very limited space)

After three decades as a test pilot, Maverick is still at the very top of his game. Although there are many who would like to see him ascend to the highest ranks of the Navy, the incredibly gifted pilot knows that this would only clip his wings; he belongs in the sky, pushing the limits of what others consider is possible. Amid these questions, he finds himself in the crosshairs of a formidable enemy.

### ACTIVITIES

#### Free Game Days

Location: SmartSenior Office  
 Call (912)-352-4405 to register

Have fun playing a variety of games including card games, board games, and Domino's every Monday at 2:00 PM.



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Painting Class 10 AM Chair Yoga 2PM Free Quilters 3:15PM	2 Advance Line Dance 10AM Beginner Line Dance 11AM	3	4
5	6 Exercise Class 9:15AM Game Day 2PM	7 Advance Line Dance 10AM Beginner Line Dance 11AM	8 Painting Class 10 AM Chair Yoga 2PM Free Quilters 3:15PM	9 Advance Line Dance 10AM Beginner Line Dance 11AM Lunch & Learn 11:30AM	10 Movie Day 2PM	11
12	13 MLK JR DAY Office Closed	14 Advance Line Dance 10AM Beginner Line Dance 11AM	15 Painting Class 10 AM Chair Yoga 2PM Free Quilters 3:15PM	16 Advance Line Dance 10AM Beginner Line Dance 11AM Discover Local 2 PM or 2:30 PM	17	18
19	20 Exercise Class 9:15AM Game Day 2PM	21 Advance Line Dance 10AM Beginner Line Dance 11AM	22 Painting Class 10AM Chair Yoga 2PM Free Quilters 3:15PM	23 Advance Line Dance 10AM Beginner Line Dance 11AM	24 Movie Day 2PM	25
26	27 Exercise Class 9:15AM Game Day 2PM	28 Advance Line Dance 10AM Beginner Line Dance 11AM				

Call 352-4405 to register for the programs listed below.  
 Friendly Reminder: you must be a current member to attend.



## FEBRUARY EVENTS

### MOVIE DAY

**Movie Day**  
**Black Adam**  
 Starring Dwayne Johnson, Pierce Brosnan and Sarah Shahi  
 Friday, February 10, 2:00 PM or  
 Friday, February 24, 2:00 PM  
 Location: SmartSenior Office  
 836 E 65th St, Suite 8, Savannah GA  
 Call (912) 352-4405 to register (very limited space)

Nearly 5,000 years after he was bestowed with the almighty powers of the Egyptian gods--and imprisoned just as quickly--Black Adam is freed from his earthly tomb, ready to unleash his unique form of justice on the modern world.

### SEMINARS

**Lunch & Learn**  
**Endocrinology and Treating Osteoporosis**  
 Carolyn Nelson, MD., SJ/C Physician Network  
 Thursday February 9th, 11:30 AM  
 Marsh Auditorium, Candler Hospital  
 Call (912) 352-4405 to register

Common endocrine disorders include diabetes and high thyroid levels (hyperthyroidism). These disorders cause osteoporosis because hormones that are needed to ensure healthy bone growth and development are compromised. Dr. Nelson will share the why and how an endocrinologist can treat your osteoporosis.

### DISCOVER LOCAL

**Savannah African Art Museum**  
 Thursday, February 16, 2:00 PM or 2:30 PM  
**MUST PROVIDE YOUR OWN TRANSPORTATION**  
 Tickets: \$5.00 (includes guided tour of museum and a snack afterwards)  
 Call (912) 352-4405 to purchase tickets  
 (Tickets are non-refundable unless event is canceled)

The Savannah African Art Museum holds a collection of over 1,000 objects from West and Central Africa, representing 22 countries and over 130 cultures and ethnic groups.





# SHOW YOUR CARD AND SAVE MERCHANT DISCOUNT PROGRAM

Valid  
Jan 01 - Jun 30  
2023

## CHATHAM COUNTY

### ANTIQUES

**Jewelry Consignment Network**  
139 Bull St • 912-234-0207  
www.jewelryconsignment.com  
30% Off Anything in Store including jewelry Repair

### APARTMENTS & TOWNHOMES

**Century Fenwick Village**  
101 Fenwick Village • 912-495-9392  
\$250 OFF First Month's Rent

**Colonial Grand at Hammocks**  
25 Johnny Mercer Blvd. • 912-898-0064  
\$150 OFF Processing Fees

**River Crossing Apartments**  
2612 Dogwood Ave, Ste H-12 • 912-355-3722  
No Deposit; \$100 OFF Administration Fee;  
\$200 OFF your first month's rent.

**Village at Rice Hope**  
203 Magnolia Blvd., Port Wentworth GA  
912-964-3333  
\$250 OFF First Month's Rent - only one discount offered per apartment

### APPAREL

**John B. Rourke**  
7135 Hodgson Memorial Dr. • 912-355-1211  
10% off retail price.

**The Uniform Source/The All Size Outlet**  
Savannah Mall, Savannah, Garden City  
912-964-7974  
10% discount off regular prices; does not include sale items.

**Fleet Feet**  
3405 Waters Avenue • 912-355-3527  
10% off

### ART

**Waterline Productions**  
912-308-8051, email: waterlineprod@aol.com.  
maritime art: 15% off original works in stock; 10% off on signed/numbered limited edition prints.

### ASSISTED CARE

**The Gardens of Savannah**  
249 Holland Dr. • 912-925-3445  
\$500 off Community Fee

**Shepherd Living @ Savannah Quarters**  
101 Shepherd Way, Pooler • 844-876-6537  
10% off Beauty Salon or Massage Therapy visit

### ATTORNEY

**Mahoney & Cole, Attorneys at Law**  
337 Commercial Dr., Suite 500,  
Savannah, GA 31406 912-233-7272  
25% of Wills and Trusts

**Stone & Sullivan, LLC**  
302 E. Oglethorpe Ave. • 912-999-8255  
15% off a Will or Trust Package

### AUTO

**AAA Auto Club**  
712 Mall Blvd. • 912-352-8222 Ext 2262  
20% off Classic Membership  
And FREE Family Member for 1 yr.  
(new memberships only)

### AUTO SALES & RENTAL

**Enterprise Rent-a-Car**  
11506A Abercorn Expressway • 912-920-1093  
5% off the rates being quoted

**Southern Motors Honda**  
10300 Abercorn St. • 912-927-0700  
1% UNDER Invoice on in stock models only, plus tax, tag, title, accessories and dealer fees  
Excludes Civic Si's, HRV's and all Touring models;  
\$500 off used vehicles. Excludes Internet pricing

### AUTO MAINTENANCE

**Auto Intensive Care**  
Waters Ave; 8434 Waters & Montgomery  
Crossroads; 215 Hwy 80 Garden City  
912-355-6312,  
10% off parts and labor at all locations: 4406

**Coastal Transmission Service**  
3237 W. Bay St. • 912-964-7580  
10% off all services or Fleet Pricing\*  
(whichever discount is greater)

**Lou's Auto Service & Muffler Shop**  
2103 US Hwy West, Garden City • 912-712-3535  
10% off all services

**M&E Automotive Service Center**  
280 Johnny Mercer Blvd. • 912-898-1950  
10% discount on parts and labor.

**GDK Car Care Center**  
224 US Highway 80 E, Pooler • 912-748-2550  
\$3.00 off Oil Change

### BAKERY

**Charlotte's Confections**  
140 Johnny Mercer Blvd., Suite 15  
912-657-2927  
10% Off

**Flirt with Desserts**  
205 Johnny Mercer Blvd., Suite G  
912-661-2662  
10% Off except custom cakes

### BANKS/CREDIT UNIONS

**MembersFirst Credit Union**  
606 East 67th ST • 912-352-2902  
Account holders receive "free" Stop Payment on checks

**Mercy Federal Credit Union**  
11705 Mercy Blvd (Riley Bldg), Savannah, GA  
31419 & 5353 Reynolds St. • 912-819-2411

**South State Bank**  
25 Bull St. • 912-629-6578  
Starkey Mortgage  
\$500 Off Closing Cost  
6600 Abercorn St, Ste 105, Savannah, GA 31405  
& 10221 Ford Ave, Ste 1 Richmond Hill GA  
912-604-8848

### BOOKS

**Acme Sales & Bookstore**  
5406 Skidaway Rd • 912-352-2203  
10% off USED books.

### CAMERAS

**Bay Camera Company**  
4604 Habersham St., Habersham  
Shopping Village • 912-355-3587  
10% discount on all prints developing, plus frames, bags and tripods.

### CAR WASH

**Auto Shine Car Wash**  
½ price on Wednesday's at all five locations.  
(Garden City, Montgomery X-Rds, Whitmarsh,  
Hinesville and Rincon, Richmond Hill)

**Men of Faith Pressure Washing, LLC**  
912-604-2457  
10% off Pressure Washing & car detailing

### CARPET CLEANING

**Genesis Carpet Care**  
220 Quacco Road Trl. • 912-224-6090  
10% off carpet and upholstery cleaning (excludes other advertised specials).

### CATERING SERVICES

**Dixieland Caterers**  
307Sand Hill Rd. • 897-1414  
10% off any order (chicken, ribs, butts etc.)

### CELLULAR PHONES etc.

**Wireless Accessory Connection**  
31 W. Congress St., Suite 100 • 912-238-3200  
10% discount off in-store merchandise  
(excludes special orders).

### CLOTHING & SHOES

**John B. Rourke**  
7135 Hodgson Memorial Dr. • 912-355-1211  
10% off retail price.

**The Uniform Source/The All Size Outlet**  
Savannah Mall, Savannah, Garden City  
912-964-7974  
10% discount off regular prices; does not include sale items.

**Carlisle of York**  
7 West York St. • 912-495-5076  
15% off

### COSMETICS

**Mary Kay Cosmetics – Erma Fulcher**  
912-398-5070  
10% off on all Facial/Skin Care Products

**Mary Kay Cosmetics – Delphine Hatton**  
347-359-7286  
10% off all facial products

### COMPUTERS

**DELL**  
1-800-695-8133  
Receive a 2-6% discount based on the price of the system you choose. www.dell.com/epp  
Use member ID HS31707389

**Singh's Computer Help**  
Discount 50% off  
Will travel to you and help teach you how to use a computer, tablet, phone and tech device  
Call 912-755-4667

**Tweaks By Geeks**  
200 E. Montgomery Crossroads • 912-920-4335  
1105 Hwy 80 East, Suite C, Pooler GA • 912-748-4335  
10% off labor

### CRAFT/HOBBY STORE

**Unwind Yarn & Gift**  
7710 Waters Ave. • 912-303-3970

**Board and Brush of Savannah**  
48 W. Montgomery Crossroads • 912-675-4770  
20% off any Pick Your Project Workshop  
Use Registration Code: SMART20

**Five Star Cleaners**  
12325 White Bluff Rd. • 925-7755  
25% off Dry Cleaning Services or \$10.00 or more.  
(Excluding formal wear, house wears and leather)

### ELECTRICAL SERVICES

**Mr. Electric of the Coastal Empire**  
P. O. Box 30099, Savannah • 912-201-1985  
Free Advantage Plan (\$89 value) Includes:  
15% discount off standard menu pricing,  
priority scheduling, extended warranty on our services

### ENTERTAINMENT

**NEW! The Savannah Theater**  
222 Bull St. • 912-233-7764  
\$5.00 off adult ticket  
Use Code: SMARTSR  
Certain Restrictions Apply. Call for More Information

### EYE WEAR/VISION

**Dr. David B. Bradley**  
22 Dukes DR, Garden City. 10% discount  
myeyedr.

Savannah Mall, Rincon, Statesboro  
912-925-0700  
Frames: 50% off usual & customary  
Sunglasses: 25% off usual & customary  
Contact lenses: 20% off usual & customary

### FAMILY ACTIVITIES

**Biltmore Estate**  
1 Approach Rd, Asheville, NC 28801  
800-211-9805  
Special discounts on estate admission tickets.  
\$10 off gate pricing on adult and youth tickets.

**Empire EC A Gaming Center**  
4307 Ogeechee Rd, Ste. 203 • 912-239-4610  
50% off product & service

**Georgia Aquarium**  
225 Baker St., NW, Atlanta • 404-581-4010  
Discount on Total Ticket.  
www.georgiaaquarium.org/sjchs

**North Island Surf and Kayak**  
1 Old Hwy 80, Tybee Island • 912-786-4000  
\$10 off any single kayak rental

### FLORIST/GARDEN/GIFTS

**From You Flowers**  
Save 25% on flowers and plants from our complete line of FTD and 1800FLOWERS.com items. Call 800-838-8853 or Visit www.fromyouflowers.com/sjchs. Mention code 1032 Note: There will be a \$15 processing fee on each order. 43 Mill Rock Rd East, Old Saybrook, CT 06475 • 860-395-5730

**John Wolf Florist**  
6228 Waters Ave. • 912-352-9843  
15% discount

**Johnson Florist and Balloon Company**  
11151 Abercorn St. • 912-920-4644  
10% off regular price merchandise  
(excludes wire orders)

**Pink House Florist & Nursery**  
6725 Waters Ave. • 912-351-9930  
10% discount off regularly priced merchandise.

**Ramelle's Flowers & Gifts**  
2007 Abercorn St. • 912-234-2261  
10% off regular price (wire orders excluded).

**Richmond Hill Florist**  
405 Harris Trail RD, Suite D • 912-756-3838  
15% discount. (excluding wire service).

### FRAMING

**Savannah Framing Co.**  
5401 Waters Ave. • 912-352-4064  
20% off custom framing (not valid with other offers or discounts).

### FURNITURE

**Farmers Furniture (Sav only)**  
10305 Abercorn Extension • 912-920-1266  
10% off all regular-price merchandise.

**Royal Furniture & Rugs**  
403 US Hwy. 80 West, Garden City GA  
912-964-9983  
5% off merchandise

### GIFT SHOPS

**Christmas & Gift Shop**  
129 East Montgomery Crossroads  
912-961-4438  
15% off (excludes limited editions).



## GOLF

### Crosswinds Golf Club

232 James B. Blackburn Dr. • 912-966-0674  
Select Package Rate.

### Henderson Golf Club

1 Al Henderson Dr. • 912-920-4653  
Select Rates, call for details.

### Southbridge Golf Club

415 Southbridge Blvd • 912-651-5455  
Monday & Tuesday: \$28 pp  
Wednesday & Thursday: \$32 pp  
Friday, Saturday & Sunday: \$42 pp

## HAIR

### Angelora Color Salon

340 Eisenhower Dr. #1308 • 912-354-0098  
50% off 1st visit and 10% off following visits.  
Contact: Morgan Fulton.

### B-Smooth Image Group

5548 Ogeechee Rd, Suite H • 912-238-5018  
15% off all Barber and Salon Services

### Creative Cutz

1190 King George Blvd. • 912-349-1988.  
30% off Men's haircut & 15% off Women's services.

### Executive Coiffures Salon

811 E 66th St. • 912-355-9821  
15% off all salon services. Ask for Jamie

### Lavish Hair Studio

1212 Hwy. 80 E, St 1100, Pooler GA  
912-348-3053  
10% off haircuts Mon-Fri

### Shear Beauty Hair Salon

404 US Hwy 80 SW, Pooler GA • 912-661-8898  
25% off

### SSP Barber & Beauty

1109 Hwy 80 E, Ste C, Pooler GA  
10% off services

## HEALTH & FITNESS

### 24 Seven Family Fitness & Tanning Centers

14045 Abercorn St, Ste 1536 • 912-920-7734  
\$24.99 per month, 24 month agreement with  
\$20 key fee up front.

### Center for WellBeing

Candler Hospital • 912-819-6463  
Massage discounts.

### Planet Fitness

3609 Ogeechee Rd • 912-231-3733  
50% OFF Enrollment Fee

### Wellness Center at Candler

912-819-8811.  
\$5.00 discount off joiners fee. Senior rate  
(60 & older) \$35.00 initiation fee & \$30 per  
month. Senior Couple rate \$46.00 per month.  
All members receive a personalized fitness  
assessment and personal exercise instruction  
with their membership.

### Wetherington

329 Eisenhower Dr, Suite D, • 912-351-0005  
Chiropractic Clinic  
20% discount off services.  
NEW Pooler location too!

### YMCA of Coastal Georgia

75% off Joiner's Fee.

### Spry Mind+Body

7360 Skidaway Rd., Unit J-3 • 912-323-7356  
www.sprymindbody.com  
20% off all Spry Chair, Mat-based yoga and,  
meditation classes

### Essential Bodywear, LLC

Jill Brooks, The Landings • 912-658-6211  
Vicki Teague, Southbridge • 912-655-9287  
10% discount off total order Bra sizes 32A-44C

### Transformation Station

1st Floor of the Nancy N. & J.C. Lewis Cancer &  
Research Pavilion • 912-819-8368  
Receive 20% off hats, turbans, wigs, scarves,  
mastectomy swimwear, bras and breast  
prostheses. Receive free wig care kit (\$50 value)  
with wig purchase. Items covered by insurance  
do not qualify for discount.

### Women's Health Boutique

5702 Skidaway Rd. • 912-692-0100  
10% off wigs, hats, turbans, post mastectomy  
bras, swimwear and breast prosthesis. (Items  
covered by insurance - not eligible for discount)

### NEW!– Arbonne

529 Beaugard St. • 912-341-7479  
20% off list price

## HEARING AIDS

### Audiology and Hearing Aid Services of

#### Savannah

5203 Frederick St. • 912-351-3038  
10% discount on all services  
(not valid with other specials)

### Elliott Hearing Aid Center

1415 Abercorn St. • 912-232-1000  
10% Discount.

### Optimal Hearing Systems, Inc.

12% discount (excludes other promotions)  
527 Stephenson Ave. Ste A3 • 912-352-8530  
5 Plaza East, Statesboro • 912-764-7795  
Ga. Highway 292, Lyons • (800) 593-9003  
104 Follins Ln, St. Simons Isl. • 800- 593-9003;  
23 Plantation Park Dr., Bluffton • 843-706-2933.

## HOME IMPROVEMENT

### Berwick Maintenance Services

619 Berwick Dr. • 912-398-6935  
10% off parts and labor.  
Ed Fonanilla, Owner

### Safe Step Walk-In Tubs

402 BNA Ave. Nashville, TN 37012  
912-401-4772  
Extra \$750 off plus other advertised discount.

### Sherwin Williams

Any location  
15% Off regular priced items  
5% Off sale priced items.

### S.K. Allen Home Improvements

912-272-1415  
Free Estimates; 10% Off remodeling, painting,  
privacy fences, etc.

### Vinyl Industries of Savannah

3005 Skidaway Rd • 912- 354-22231  
15% off the price of the job,

### Wilson Home Improvement

1201DeRenne Dr. • 912-352-8722  
Labor 10% off-materials at cost.

## HOTELS

### Best Western- Gateway

1 Gateway Blvd E • 912-925-7363  
10% off

### Bohemian Hotel- Riverfront

102 West Bay St • 912-721-5013  
10% off standard rates - Friday & Saturday

### Country Inn & Suites by Carlson

7576 White Bluff Rd. • 912-692-0404  
\$89 in season. \$79 out of season

### Courtyard by Marriott-Historic

415 West Liberty St. • 912-790-8287  
\$109 per night -based upon availability

### Extended Stay America

5511 Abercorn St. (this location only)  
912-692-0076  
15% off room rate.

### Fairfield Inn & Suites

17027 Abercorn St, I-95 South • 912-925-5050  
Sunday - Wednesday \$79  
Thursday - Saturday \$99.

### Hampton Inn & Suites

Savannah Historic District  
603 W. Oglethorpe Ave. • 912-721-1600

### Hampton Inn & Suites

Savannah/Midtown  
20 Johnston St. • 912-721-3700  
Friday - Saturday 10% off.

### Hilton Garden Inn/Midtown

5711 Abercorn St. • 912-652-9300  
10% off Best Available Rate Fri & Sat.

### Mansion on Forsyth Park

700 Drayton St • 912-721-5013  
10% Off Standard Rates Fri & Sat.

### Springhill Suites by Marriot, Midtown

11317 Abercorn St. • 912-920-3787  
\$94.00 (please reference code TJHW)

## HOUSE CLEANING

### MaidPro

10% OFF all cleaning services!  
930 E. Morgan's Corner Rd, Suite E, Pooler  
912-450-6776

## INSURANCE ETC.

### Advantage Insurance

820 E. DeRenne Ave. • 912-920-0278  
Free evaluation – Medicare Supplements &  
Advantage Plans Part C & D. Auto Insurance for  
Seniors

### Georgia Medicare 101 Insurance

912-412-3100  
Email: davelittle@outlook.com  
Complimentary consultation for health insurance  
and Medicare parts C & D.

### Humana Market Point Insurance

912-412-3100.  
Complimentary consultation for health insurance  
and Medicare parts C & D.

### The Consos Group Insurance

912-303-0101  
Complimentary consultations for health insurance  
and Medicare parts C & D.

### Southern Harvest Insurance

5501 Abercorn St., Ste A • 912-201-3332  
All agency Fees waived

## JEWELRY

### Anderson Jewelers

260 Eisenhower Dr. • 912-355-8515  
20% off storewide - excludes estate jewelry,  
consignments & repair

### Jewelry & Silver Specialists,LLC.

912-692-1113 - by appointment only; 10% off  
jewelry & silver purchases/15% off all  
appraisal services

### Jewelry Consignment Network

139 Bull St. • 912-234-0207  
30% Off Anything in Store including  
Jewelry Repair

## LAWN CARE SERVICES

### Complete Lawn Care Service

Savannah • 912-927-0827  
Metter • 912-685-5112  
25% discount.

### Ground Control

403 Lisa Dr. • 912-856-8043  
15% off after estimate

## LIMOUSINE SERVICE

### G.R.A.C.E. Limousine Service, Inc.

908 Mill St. • 912-657-4155  
\$65 per hour (regular rate: \$75)

## MAILBOX/SHIPPING/PRINTING

### Patriot Postal

13051 Abercorn St., Ste. B-3 • 912-201-1452  
10% Off all purchases

## MASSAGE

### Daydream Massage and Bodywork

7505 Waters Ave, D-8. • 912-354-5687  
20% off all services.

### Scholar Rehabilitation

128 Frances Meeks Way  
15% off massage.

## MEDICAL EQUIPMENT

### AbleMed Supply, LLC.

11 Gateway Blvd S. Suite #13  
10% off on all products in store

### Lewis Medical Supplies

4104 Iron Horse Crossing, Richmond Hill GA  
912-727-2583  
15% off on all cash sales

## MISCELLANEOUS

### Errand Boy Services, LLC

10% off services.  
912-433-0330

### The Mint Green Tag Sale Co.

www.themintgreentagsalecompany.com  
404-403-4751  
\$50 off full service estate sale package

### Savannah Facial Plastic Surgery

5356 Reynolds St., Ste 510 • 912-644-0744  
10% OFF all treatments and services,  
including surgery.

### Sit & Sleep Mattress

30 West Montgomery Crossroads  
912-348-2379  
10% OFF any mattress set  
(excludes Tempur-Pedic & iComfort)

## MOVERS

### Savannah Moving

912-272-7996  
15% off total bill – excludes other discounts

### Specialty Moving & Delivery

912-925-9528  
Free moving boxes -\$50 value

## NUTRITIONAL COUNSELING

### Organic Food and Nutrition Blueberry Hill

#### Organic Market

4104 Iron Horse Crossing, Richmond Hill  
912-727-2583  
10% discount on Thursdays. Discount card with  
purchase of \$10 or more. Fill card and receive  
\$10 off next purchase or ½ off the cost of a  
massage at Scholar Rehabilitation.

## PEST CONTROL

### Ideal Pest Control

115 Gerrard Ave. • 912-232-4992  
10% off initial visit only

## PHARMACY

### Apollo Pharmacy

418 West Broughton St. • 912-999-6101  
Free Delivery for SmartSenior members \*  
conditions apply. We accept all major insurances

### Candler Prescription Center

5354 Reynolds St, Candler  
Professional Office Building • 912-819-7272  
10% off prescriptions

## PHOTOGRAPHY

### Scrapbook Weddings & Photography

980-329-5884  
Call for SJ/C Discounts. 31420

## REAL ESTATE

### Mary Smith Team Of Keller Williams Realty

329 Commercial Dr. #100 • 912-596-2814  
One free professional interior house cleaning  
with purchase or sale of home/condo.  
Up to \$350.00 value.

## RESTAURANTS

### Bella's Italian Café

4420 Habersham St. • 912-354-4005  
\$5.00 off any order of \$25.00 or more. \*Valid  
lunch & dinner. \*Valid for parties of 6 or fewer  
only

### Larry's Giant Subs

7805 Abercorn St. • 912-352-2411  
4745 Waters Ave. • 912-692-0807  
Members receive "double stamps" on Saturdays/  
Sundays, when making an appropriate purchase

**Lovezzola's Pizza**  
320 East Highway 80, Pooler • 912-748-6414  
15% off.

**Savannah Menu.com**  
912-961-0522  
VIP Special rate for VIP Dining Club Card. Save \$5 to \$20 every time you use it.

**St. Joseph's and Candler Hospital Cafeteria's**  
20% discount Monday – Friday and 25% discount on Saturday and Sunday

**The Pit Stop on Bay**  
3249 West Bay St • 912-484-8759  
10% Discount

**It's A Jerk Shack**  
610 US Hwy. 80 West Garden City, GA  
224-301-5316  
15% off Mon thru Wed  
10% off Thurs thru Sat

**520 Wings (Sav only)**  
2705 Bull St. • 912-349-5317  
Tues. only - Free drink w/ House special  
OR 15% off food item under \$10.  
Cannot be combined – 1 per order

**Coffee\*Deli**  
4517 Habersham St. • 912-656-4725  
10% off on Tuesdays

**Marche de Macarons**  
42 Abercorn St. • 912-665-9894  
8-bag of macarons for 6-bag price (\$12)

**Unforgettable Bakery & Cafe**  
238 Eisenhower Dr. • 912-355-6160  
10% off excluding beverages

**Stoner's Pizza Joint Midtown**  
1100 Eisenhower Dr. • 912-495-5372  
10% Off

**Taca Sushi and Japanese Fusion**  
513 East Oglethorpe Ave. • 912-232-8222  
10% off total bill  
Excludes alcohol  
Mon-Thur 5pm -9pm

**Wright Square Cafe**  
21 W. York St. • 912-238-1150  
Mon – Fri -20% off  
Sat. 9am – 1 pm 25% off

#### RETAIL

**Unwind Yarn & Gift**  
7710 Waters Ave. • 912-303-3970 10% off

#### RUGS, CARPETS & TILE

**Poppell Brothers Flooring**  
22 Windsor Rd. • 912-925-3638

10% off flooring

#### SECURITY SYSTEMS

**Covenant Security Surveillance Company**  
6711 Forest Park Dr. • 912-272-4383  
Discount packages, with FREE installation.

**Security Designs, Inc.**  
800-627-0800 or 912-368-4000, Hinesville  
10% off equipment & first month's monitoring  
free when purchasing a new security or medical  
alert system.

#### SENIOR HOME CARE

6605 Abercorn St.,107A • 912-349-5264  
5% Discount w/ Weekly Service

**Smart Choice**  
Private Duty Service  
10% off comanionship and sitter service  
912-650-1662

#### TAX SERVICE

**Community Income Tax**  
820 E. DeRenne Ave, Savannah  
(inside Advantage Insurance)  
912-920-0278  
\$25.00 off tax preparation fee, all 50 states,  
no upfront fee program. Free Notary Public  
Service & convenient parking Special - \$35.00 for  
1040EZ Federal & State Income Tax Preparation  
& Electronic Filing.

#### TRAVEL & TOURS

**Grey Line Savannah**  
223 Martin Luther King Blvd. • 912-964-8989  
\$4 off any adult tour

**InteleTravel**  
912-376-8556  
Website:  
www.dorothyrobertstruell.inteletravel.com  
Golf or Spa Rebate (\$50 value)  
with each cruise or vacation booking

#### UPHOLSTERING

**Taylor Upholstering Co., Inc.**  
12 Television Circle,  
912-961-9104  
25% off material with upholstering.

#### BRYAN COUNTY

**Paw Parazzi**  
2485 US Hwy 17, Richmond Hill GA  
912-756-8807  
10% off grooming & retail, Mon to Wed  
Excludes food & flea treatments  
Grooming with proof of ownership

**Salon 17**  
2409 Hwy 17, Ste. D, Richmond Hill GA  
912-572-9200  
15% on services

**Papa's Pizza To Go**  
2495 US Hwy 17, Richmond Hill GA  
912-756-5150  
15% Off

**Plums Ice Cream & Sandwich Shop**  
2409 US Hwy 17 South, Richmond Hill GA  
912-756-6000  
10% off

**Ways Station Senior Apartments**  
201 Kroger Dr., Richmond Hill GA  
912-598-4100  
\$250 Off 1<sup>st</sup> Month's Rent & Gift Basket

#### EFFINGHAM COUNTY

**Auto Shine Car Wash**  
½ price on Wednesday's at all five locations.  
(Garden City, Montgomery X-Rds, Whitmarsh,  
Hinesville and Rincon)

**Bashlor's Automotive Service Center**  
1110 S. Laurel St., Springfield GA  
912-754-6832  
10% Discount on parts and labor

**Carellas & Newberry, P.C. Attorneys at Law**  
4405 Silverwood Centre Dr., Rincon GA  
912-826-7100  
25% Discount on Wills.

**The Donut Shop of Rincon**  
6036 Hwy 21 South, Rincon GA • 912-826-0325  
10% discount on all purchases..

**Effingham Animal Hospital**  
119 S. Columbia Ave, Rincon GA 912-826-5251  
10% discount on services

**Joann's Florist**  
508 North Laurel St., Springfield GA  
912-754-9116  
Free delivery on orders over \$49.99

**New Life Flowers & Gifts**  
159 Commercial Dr., Rincon GA • 912-826-4261  
15% off gifts / 10% off florals (excluding wire-out)

**The Optical Shoppe**  
Rincon Plaza, Hwy. 21  
10% off (no other specials)

**Willowpeg Golf**  
1 Clubhouse Dr., Rincon.  
\$3 off daily fee.



#### REMINDER:

SmartSenior is not liable for services or goods obtained through these merchants.

#### NOTE TO MERCHANTS:

If you are interested in promoting your business with a free SmartSenior discount listing, please contact Jenny at [kochj@sjchs.org](mailto:kochj@sjchs.org) or call our office at 912-352-4405.



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**MULTI-DAY TRIPS**

**MYRTLE BEACH WINTER GETAWAY  
1950'S & 60'S MOTOWN**

FEBRUARY 4 - 5 | TRIP # 16875 | \$444.00 PP

Feb 4: Travel via coach to The Grand Strand and check into The Embassy Suites. Freshen up before an indulgent buffet feast at the Original Benjamin's Calabash restaurant, a landmark in Myrtle Beach with over 170 items to choose from. Following dinner, we transfer to the Alabama Theatre for an evening filled with classic Motown songs of the 50's, and 60's by The Coasters, The Drifters & The Platters. Enjoy songs by the Platters such as "The Great Pretender", "Twilight Time", and "Smoke Gets in Your Eyes". The legend of Clyde McPhatter's Drifters continues today with the founder's son, performing hits like "Under the Boardwalk" & "This Magic Moment". Lastly, experience the Coasters, America's rhythm, and blues/rock and roll vocal group featuring the songs "Yakety Yak", "Charlie Brown", "Searchin'" and much more. D

Feb 5: After breakfast at the hotel, we head to another of Myrtle Beach's great attractions: Broadway at the Beach, a huge entertainment and shopping venue featuring one-of-a-kind shops and boutiques. Here we will get acquainted with the inhabitants of the deep at Ripley's Aquarium, featuring a 750,000-gallon all-around encounter with ocean predators. Enjoy free time for shopping and lunch (on own) before an early afternoon departure home. B

**DAY TRIPS**

**PATSY CLINE AT THE ALHAMBRA THEATRE**  
JANUARY 28 | TRIP #16825 | \$169.00 PP

The only Patsy Cline show to have been endorsed by her estate, "A Closer Walk with Patsy Cline" is now showing at The Alhambra Theatre in Jacksonville! Gail Bliss traces Patsy's career with the help of a talented co-star and a live band that features Grammy award-winning musicians.

**A DAY AT THE GEORGIA AQUARIUM**  
FEBRUARY 11TH | TRIP #16874 | \$164.00 PP

Home to hundreds of species, thousands of marine animals, and 10 million gallons of fresh and salt water, the Georgia Aquarium is the largest aquarium in the Western hemisphere hosting seven major galleries for viewing. Get acquainted with the inhabitants of the deep inside a large viewing window, allowing for a thrilling up-close encounter with ocean predators. A must-see experience, with many attractions including the Ocean Voyager Tank, living coral reefs, whale sharks, penguins, sea lions, the spectacular Dolphin Show, and the newest exhibit: Sharks – Predators of the Deep!

**PRETTY WOMAN**  
FEBRUARY 18TH | TRIP #16873 | \$204.00 PP

Based on one of Hollywood's most beloved romantic stories, this show springs to life with a powerhouse creative team led by two-time Tony Award®-winning director and choreographer Jerry Mitchell, at the Jacksonville Center for the Performing Arts. Featuring an original musical score, Pretty Woman: The Musical will lift your spirits and rekindle memories of 1990! If you loved the movie, you will love the musical! Lunch is included on the journey down to Florida before the 2:00pm matinee curtain.

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